

PARTICIPANT'S STUDY GUIDE

for the book by Max W. Hammonds, MD,
and the "RGB for Life" Seminar Series

Seventh-day Adventist Christian: **Do You Know Who You Are?**



*A Curiously Hard Question
at a Most Critical Time*

Participant's Study Guide

For the Book

Seventh-day Adventist Christian:

Do You Know Who You Are?

A Curiously Hard Question at a Most Critical Time

by Max Hammonds, MD, MPH, MHA

To obtain a FREE download of this guide:

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Do You Know Who You Are?

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CHAPTER 1

Do You Know Who You Are? (An Introduction)

Foundational Review

This is an introduction to a book called *Seventh-day Adventist Christian: Do You Know Who You Are? – a curiously hard question at a most difficult time*.

The book was brought together from years of thinking about the experience of the average Seventh-day Adventist. These thoughts became sermons and these sermons became book chapters.

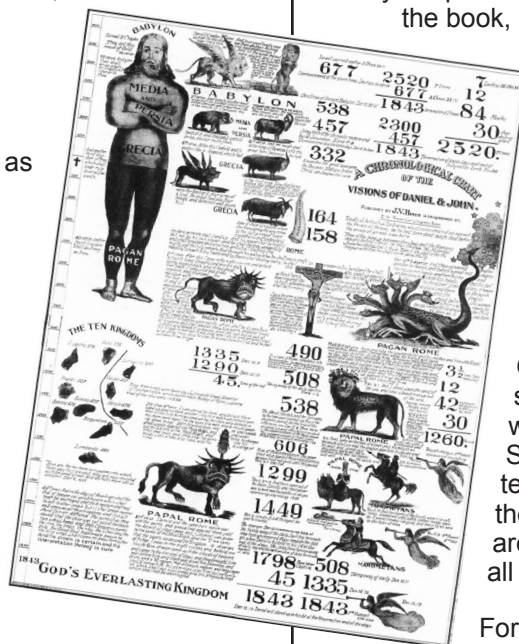
From the pages of the earliest Adventist books (like *Daniel and the Revelation*) to the later books (like *The Great Controversy*), Seventh-day Adventists have shown a deep grasp of the correlation between history and the Bible. But do SDA's know what they have? Many do not know – who they are, what they have been called to do, how they are to go about doing it.

The purpose of this book is to ask the question, and to probe some of the answers. The book is written as a personal, up close conversation, such as one might have with a close friend.

In this workbook we will continue that same conversational tone, as well as we can in a group setting. You should take every question as a personal question to you. The intention is to engage you personally.

The series covers 18 sessions. With time out for holidays and other interruptions, we will complete these sessions in a third of a year; a little over 4 months. That's a long time commitment but one you will come to appreciate and treasure.

Look at the Table of Contents. Here are the topics to be covered. The chapters are presented in a specific order to introduce the topics from the most basic concepts to the deeper ideas. Informally, the chapters are arranged in three sections.



You Are:



The first section covers the basics of being a Christian. You can't be a Seventh-day Adventist Christian until you know what a Christian is. The second section covers what an intense, personal relationship with God is like. The third section covers what a Seventh-day Adventist is like, especially in the Time of the End.

When you use this workbook as a study guide, each week you will have a chapter to read in the book and a study chapter to complete, like this one. In the back of the book, in the appendix is a set of discussion questions for the chapter which can be answered after the workbook session as been completed – sort of like a review sheet.

Yes, you will have an assignment each week. Like most seminars, you will get out of it what you put into it. Please read the chapter and do the workbook before coming to the seminar session. The Discussion Questions will be used in the seminar session as a discussion guide. You will be able to participate, and the Holy Spirit will have more opportunity to teach you, if you aren't chasing through the book chapter looking for answers or aren't wondering what that question was all about.

For this first study session there is no workbook pre-assignment. Instead, turn in the appendix in the book to the discussion questions for Chapter 1 for an introduction to what we will study for the next 18 weeks.